

Name of assessor(s)	Steve Dorrall – club secretary and H&S Advisor	Group / Establishment:	Burnham on Sea Harriers
Date	18/09/2024 – updated 1 Feb 2025		



Risk assessment form

What is the activity being assessed:	How was the assessment done? e.g. desktop exercise, site visit, in consultation with employees, managers, safety representatives?	Next review date: June 2025 (after event)
<p>Brean Banger – race scheduled for 18 June 2025, 7.15pm</p> <p>Run Events entry link/licence: https://englandathletics.sport80.com/public/wizard/e/29029/home</p>	<p>The Brean Banger is a 10km multi-terrain running race that encompasses Brean Beach, the English Coast path and Brean Down. Race organisers are familiar with the route, having run the route several times along with a run prior to the event to identify hazards. A race committee consisting of key members from Burnham Harriers running club will oversee the planning and delivery of the event including input to this risk assessment.</p>	<p>Is the assessment 'generic' or specific to the situation?</p> <p>Specific to activity</p>

What is the hazard?	Hazard in more detail & what are the control measures in place to mitigate these hazards?	*Risk Rating Impact x Likelihood		What further action is recommended to reduce risks further?	Action by whom?	Date action due	Date action done
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Runners	<ul style="list-style-type: none"> Race Director will deliver a pre-race brief to all runners highlighting potential hazards i.e. vehicles, public, animals course terrain. 	High	Low	Runners are not permitted to wear headphones - bone conductors are permitted.			

	<ul style="list-style-type: none"> • Runners will run at their own risk – Risks include possible injury, falls or health issues. Entry forms ask runners to recognise their own capabilities and not to run if they feel ill or injured on race day. • Marshals are placed at designated points along the course to provide support and can call for assistance by radio or mobile phone for emergencies. • Runners disclose any medical limitations or issues via their entry form which can be assessed by Race Director and made aware to race organisers. 			<p>A qualified first aid provider (Apex medical and rescue) provides a qualified and accredited first aid throughout the race.</p> <p>Burnham Harriers website provides race information.</p>			
Weather	<ul style="list-style-type: none"> • Weather conditions on the day may be unpredictable i.e. hot/cold/wet. • Weather conditions on the day and prior to the race may make the course wet, slippery, or muddy. Mud can accumulate on the coast path and Brean Down, with the descent towards Brean Down fort a recognised slip/trip hazard. • As the race takes place in mid-summer, the risk of hypothermia is low. Runners may start to feel cold after the race or if race conditions are cold/wet. Sea breezes are likely owing to the coastal route and exposed headland of Brean Down. • The course is open to elements with exposure to on-shore and off-shore breezes on the down and when running along the beach. • Race headquarters is at Brean Down Cove Café, offering shelter and warmth to anyone 	Medium	Medium	<p>Additional water station en route if the event is run under hot conditions.</p> <p>First aid support based at Race HQ.</p> <p>Course marshalled – marshals will carry mobile phones or radios.</p> <p>Race Director reserves the right to postpone event if conditions are too dangerous.</p>	Race Organisers	Race Day	

	<p>suffering from the cold and first aid will be present throughout the race.</p> <ul style="list-style-type: none"> • Conditions may be hot causing possible risk of heat exhaustion or dehydration – water provided to all runners at the end of the race. Runners are welcome to carry their own water/fluids and refreshments available at the Pavilion. • Beach – The opening 2km of the run is on Brean Beach. High tide on 18 June is at 12:26pm (10.12m), long before organisers, participants and supporters will arrive. Course and beach will be checked before during and after race to account for everyone involved and vehicles (Beach car park gates close at 6pm). • Lightning – possible lightning making conditions too dangerous to run – Forecast will be checked before the race. • Daylight – Sunset is scheduled for 21:33, giving runners ample time to complete the course. Marshalls can alert race HQ if they receive messages concerning participants who are struggling, injured, or have another issue. 						
Course	<ul style="list-style-type: none"> • 10km course is multi-terrain, surfaces include road, gravel, sand, and grass – see route map below. • Course is uneven with the opening stages of the race on sand, which will be soft and uneven. A short stretch of road leading to the England Coast path – River Axe formed of gravel and grass stages that can be 	Medium	Medium	Pre-race information highlights course as multi-terrain and runners will be alerted to on uneven surfaces at the pre-race brief.	Organisers and Harriers will hold a club run along	Race day	

	<p>waterlogged, muddy or contain divots and potholes. Brean Down is largely grass and gravel trails. Sections are uneven, with a steep descent to Brean Down Fort and the finish. The grass trails contain hidden holes, potholes, and uneven terrain.</p> <ul style="list-style-type: none"> The course will be marshalled and signposted giving runners' direction and support. 			Organisers/Harriers will run the course prior to race.	the route.		
Roads	<ul style="list-style-type: none"> 10km course starting on Brean Beach, before turning left onto the River Axe section of the England Coast path. A loop of Brean Down covers the final 5km of the route. Primary vehicle hazard is when runners cross Brean Down Road (1km) and at the main headquarters where many runners, spectators and supporters will park and assemble. Course contains a short road section from the Beach to Warren Farm. Individuals not involved in the race may be present, e.g. on the beach, Brean Down and Coast path. Course will be marshalled at key turning points, gates, and road junctions. Course marked with 'caution runners' signs to alert drivers, cyclists, public and horse riders. Start is on Brean Beach. Communication by radio to be maintained between race start and tail runner behind the start. 	Medium	Medium	<p>Somerset Highways contacted for race notification purposes and check that there are no road closures for maintenance etc on race day.</p> <p>Where possible, race marshals will alert runners of any approaching vehicles to help avoid contact or collision.</p>			
Animals	<ul style="list-style-type: none"> Course runs alongside the England coast path adjacent to farmland – sheep and cattle may be present. 	Low	Low	Race organisers to contact local landowners to obtain permission to open gates for the race and put			

	<ul style="list-style-type: none"> • Sheep and goats are known to populate Brean Down. Runners will be told to respect all animals and wildlife when running. • Landowners are contacted prior to the race to gain permission to open gates and install livestock controls for the race. Race organisers and marshals manage these gates through the race, opened for runners, and then closed by marshals once the final runner/tail runner has passed. • Main gates to be managed by marshals and tail runner to ensure all gates are closed. • Animals unlikely to access the course, marshals to monitor animal movements and can radio race HQ if there are problems during the race. • Dog walkers may be present along the course – marshals to alert dog walkers to the presence of approaching runners. Race Director will equally tell runners to respect other users on the course. 			arrangements in place for livestock controls.			
Headquarters	<ul style="list-style-type: none"> • Headquarters is at Brean Down cafe with spectators, public, and supporting groups present. • Race Director, organisers and first aid will be based at the Brean Down throughout the race. • Food/Water provisions on site, first aid and communications present to support event 	Low	Low	Race organisers to confirm booking arrangements with Brean Down Cafe. Brean Down café provides a café, toilets, and parking facilities - Brean Down Somerset National Trust			

Covid	<ul style="list-style-type: none"> Although Covid-19 remains, there are no limitations although there may be individuals that attend who have the illness unknowingly or have an underlying health condition which makes them vulnerable to the illness. 	Low	Low	<p>Runners should not run if they feel unwell.</p> <p>Event will largely take place outside; maximising ventilation. Brean Down offers ample space to create distance between people should anyone feel anxious.</p>		Pre-race Info.	
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Risk assessment sign-off					
Name of assessor	Steve Dorrall	Date:	1 February 2025	Race Director:	Alex Hamilton
Signature:	S Dorrall - Burnham Harriers Secretary				

The race is a 10km UK Affiliated multi terrain race, run on road, grass paths, beach, and the England coastal path. All Race Numbers to be collected on the day. The race is marshalled and will have one water station at approximately 5km.

Course: – Starts on Brean Beach. Runners head along Brean Beach for approximately 1km before turning left, over the dunes and onto Brean Down Road. The course takes runners through Warren Farm, Turnbourne Farm and Diamond Farm collecting the England Coast Path and running along the River Axe estuary. Runners will leave the coast path and ascend onto Brean Down, running along the southern grass trail towards Brean Down fort. Runners will run along the road/gravel trail descending off the Brean Down to the café and finish line.



